



GENERAL POOL RULES

- For your safety, please walk at all times (do not run)
- No horseplay.
- **Children under 6 years of age must be within arms reach of an adult/guardian while in the water.**
- Patrons must be 15 years of age to use the whirlpool spa.
- No sitting, standing, or jumping off peninsulas/ islands.
- DO NOT cross over or under the rope connecting the indoor splash pool and current channel. The grade of incline is very steep and it is unsafe to cross from one pool to the other at the rope.
- If a child is wearing a lifejacket in the current channel, an adult must be with the child at all times.
- You **MUST** be at least 48 inches tall to use the indoor tube slide. This height requirement is for the rider's safety. Any questions or concerns may be directed to the Supervisor or Aquatics Manager.
- Inner tubes may only be used in the current channel.
- Flippers may **ONLY** be used in the lap pool.
- Do not hang on the lane lines of the lap pool or on the basketball rims/nets.
- Lap swimmers have first priority in lap lanes (during high usage, please share lanes)
- Other uses for **EMPTY** lap lanes are at the discretion of lifeguards.
- For safety reasons, conversations with lifeguards while they are on duty are not permitted.

WHIRLPOOL SPA RULES

- Shower before entering the whirlpool spa.
- You must be at least 15 years old to use the whirlpool.
- Persons who are elderly, pregnant, suffering from heart disease, or with high or low blood pressure should not enter the whirlpool without prior medical consultation and physician approval.
- Do not use the whirlpool while under the influence of alcohol, tranquilizers, or any drugs that may alter blood pressure.
- Don't soak for more than 15 minutes at one sitting, as soaking too long makes some people nauseous, dizzy, lightheaded or faint. If you wish to soak for a longer period of time, leave the whirlpool spa after 15 minutes, shower, cool down and then return for another brief stay.
- For your safety, please do not use the whirlpool spa if the temperature exceeds 104 degrees Fahrenheit.

TUBE SLIDE RULES

- Section 1711.551 of the Revised Code requires that riders must obey all warnings and directions regarding the slide and behave in a manner that will not cause or contribute to injury to themselves or others. Failure to comply is a misdemeanor.
- You **MUST** be at least 48 inches tall to use the indoor tube slide. This height requirement is for the rider's safety. Any questions or concerns may be directed to the Supervisor or Aquatics Manager.
- Single riders only.
- Feet first, bottom only.
- Swimwear with exposed zippers, buckles, rivets or metal ornamentation is not permitted.
- Do not wear goggles, floatation devices or t-shirts while using the tube slide.
- Riders may not run, dive, stand, kneel, rotate, or stop in the slide at any time.
- Tube slide riders must exit at the base of the slide in a prompt manner.
- Lifeguard has the final say.

OUTDOOR POOL RULES

- For your safety, please walk at all times (do not run)
- Diving is permitted in designated areas ONLY.
- Swimmers must shower before entering the pool.
- Proper swim attire is required; no denim or cut-offs are permitted.
- Swim diapers and/or rubber pants are to be worn by children who are not toilet trained.
- Non-swimmers and ALL children under the age of 6 must be within arm's length of a guardian (who is older than age 16) at ALL TIMES.
- Parents/Guardians are responsible for their children at ALL TIMES.
- Glass, gum, or bandages are NOT permitted in the pool area.
- Drugs, alcohol, or tobacco are NOT permitted in the pool area.
- Food and drinks are allowed in designated areas ONLY.
- Horseplay or foul language is NOT permitted.
- DO NOT hang on lane lines or play on the ramp.
- Diaper changes should occur in the locker room. Please do not change children on the pool deck.
- Only JCC approved flotation devices are allowed in the pool.
- Use of the equipment is at the discretion of lifeguards.
- Admission to the pool shall be refused to all/any of the following: persons having any contagious disease, persons with conditions that appear contagious, persons with excessive sunburn, or persons with abrasions which have not healed.
- Pregnant women, elderly persons, and persons with heart conditions, high blood pressure, or diabetes should consult their physician prior to using the pool.
- No one is allowed in the pool or the pool area unless a JCC lifeguard is on duty.
- For safety reasons, conversations with on-duty lifeguards are not permitted.
- NO horseplay or foul language is permitted.
- DO NOT hang on or crawl over the lane lines and ladders.

DIVING BOARD RULES

- To use the diving board, swimmers must be able to swim to the side of the pool without assistance.
- Only 1 person may be on the diving board at a time (including the ladder). The next person should wait on the deck until swimmers reach the pool side ladder.
- Divers should promptly exit the water at the nearest pool ladder.
- Diving and jumping is only permitted in a forward direction from the end of the diving board (not to the side).
- NO inward dives, sitting dives, multiple bounces, hanging from the diving board, running on the diving board, or swimming under the diving board.
- Patrons may swim in the deep area of the outdoor pool ONLY when the diving board is closed and the entire area is designated for "open swim" by the lifeguard.
- Children are not permitted to jump off the diving board to other patrons or staff in the water.
- NO flotation devices, goggles, or flippers in the diving area.
- NO horseplay, sitting down, handstands, or "competitive style" dives.

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